

Indoor Safety Card

Experiences



Creating a safe environment for your Experience can help your attendees feel comfortable. You can use the following emergency preparedness plan—prepared by the Red Cross—to provide safety information to your participants in case of a natural disaster or any other kind of emergency that occurs during your activity.

Follow these 4 steps to create your Emergency Plan:

1. Identify

Find out which hazards could occur in the area where the Experience will take place. (Select all the possibilities.)

- COLD WAVES
- DROUGHT
- FLOOD
- HOUSE FIRE
- LANDSLIDE
- TORNADO
- VOLCANO
- EARTHQUAKE
- HEATWAVE
- HURRICANE / TYPHOON / CYCLONE
- THUNDERSTORM
- TSUNAMI
- WILDFIRE
- OTHERS (SPECIFY)

Use this resource to find out how to prepare for the hazards you selected. www.preparecenter.org/terms/category/hazards

2. Emergency contacts

Easy access to emergency numbers is very important. Fill out the form below with local phone numbers.

Emergency contacts:

LOCAL POLICE DEPARTMENT:

LOCAL FIRE DEPARTMENT:

LOCAL HOSPITALS:

LOCAL CONSULATE:

PERSONAL	1.
EMERGENCY	2.
CONTACTS	3.



3. Move to safe spots

Check the place where your activity will be held and fill in the information below.

Our safest spots near the activity in case of evacuation are:

LOCATION NAME:
.....

ADDRESS:
.....

CONTACT:
.....

GPS LOCATION:
.....

DISASTER TYPE:
.....

LOCATION NAME:
.....

ADDRESS:
.....

CONTACT:
.....

GPS LOCATION:
.....

DISASTER TYPE:
.....

LOCATION NAME:
.....

ADDRESS:
.....

CONTACT:
.....

GPS LOCATION:
.....

DISASTER TYPE:
.....



4. Prepare your kit

Prepare your Portable Disaster Supplies Kit and keep it with you. A well-equipped kit could help you face any kind of disaster. Use the following checklist as a guide to collect the items. Check the expiration date of the products every six months.

- A SUPPLY OF WATER
- PROTEIN BARS
- A FIRST AID KIT
- FLASHLIGHT
- WHISTLE
- MAPS OF YOUR AREA
- HYGIENE ITEMS (HAND SANITIZER, TOILET PAPER, TOOTHBRUSHES, TOOTHPASTE, MOIST TOWELETTES)
- BATTERY POWERED OR HAND-CRANK RADIO
- BATTERIES
- CASH

Additional safety resources

If additional support is needed please engage the resources listed below:

Pathways to Safety International

www.pathwaystosafety.org

Provides information, support, and referrals for interpersonal & gender based violence.

International Directory of Domestic Violence Agencies (Worldwide)

www.hotpeachpages.net

Provides information on crisis centers, shelters, helplines and resources to assist with domestic violence or sexual assault for every country in the world.

American Red Cross

www.redcross.org

YOUR NAME:

PHONE:

EMAIL:

